FORT MASON CENTER

Fort Mason Center
Laguna and Marina Blvd.
San Francisco, California 94123
(415) 441-5705

For the arts, humanities, recreation, education and ecology.

On San Francisco's waterfront a new community resource for the entire Bay Area in the magnificent setting of an innovative National Park.

A historic fort is being transformed into a multi-faceted cultural center with a range of activities that will reflect the region it serves.

Exciting things are happening here now against the backdrop of a spectacular view of the Marina, Golden Gate Bridge, Marin Headlands and Angel Island.

You are invited to attend, to participate, to propose your own ideas — to become involved in making these solid old army buildings come alive with all the vitality and diversity of the San Francisco Bay Area.

Free Parking next to buildings. Muni lines 22, 30 and 47 to Fort Mason.
Distributor for Cultural News Service of the California Arts Council.
All activities in cooperation with Golden Gate National Recreation Area.

SEPTEMBER 1977

September 1 - Thursday

"Point Reyes and Other Parks" — a one-man show of color landscape photography by Steve Manning featuring spectacular views of the National Seashore — continues in the Marina View Gallery, Bldg. 310. (Thru 9/10)

YMCA offers an exercise and fitness class. 5:30-6:30 PM, Bldg. 312, $10/mo., 885-0460. (Ongoing series Mon., Wed. and Thurs. thru 9/19)

Takeshi Yamamoto conducts a free class in modern dance & movement technique. Co-sponsored by Neighborhood Arts/CETA. 6:30 PM, Bldg. 312, 441-5705.(Tues. & Thurs. thru 9/8)

ECHOES . . . ECHOES . . . ECHOES . . .
Actors' Ark Theatre presents the S.F. premiere of N. Richard Nash's latest play, *Echoes*, a reverberative exploration of the male-female psyche imprisoned by a society-with-blinders. 8 PM, Magic Theatre, Bldg. 314, $3.50. (Also 9/2-3)

September 2 - Friday

Classical Guitar Recital by Clifton Lemon featuring South American Composers. 8:30 PM, Bldg. 312, $1.50.

ECHOES. . . . . at 8 PM. See 9/1.

September 3 - Saturday

Dale Olson teaches two co-ed home repair classes: 1) Home Carpentry & Electrical Repair Work for Beginners (repairing doors, locks, electrical fixtures), 10 AM - 12:30 PM; 2) Home Plumbing (sinks, toilets, saving water & energy), 1-3:30 PM. The two combined classes will also meet Wednesdays, 7-9 PM, at members' homes. Both classes in Bldg. 312, $25/mo. for each class, 441-5705. (Sat. thru 9/24)

Friends of the Hopi present "An Evening for the Hopis", a benefit with Osage Indian speaker Richard Kastl discussing land problems of the Hopi Nation. 8-11 PM, Bldg. 312, $2 donation. 626-8906.

ECHOES. . . . . at 8 PM. Closing performance. See 9/1.

September 5 - Monday (Labor Day)

***Prism|Convergence|Summation* — *A Thematic Working Out* — Serigraph Installation and Showing by Elizabeth Saltos in which the walls of a 4,500 sq. ft. room surround the viewer with a continuous and cyclical re-combining of primary colors. Bldg. 312, 3rd floor North, 12-5 PM daily with reception 9/9 at 7 PM. 441-5705 for information. (Thru 9/15)**

Last day for Elizabeth Saltos Serigraph Installation, Bldg. 312. See 9/5.

September 6 - Tuesday

California Yoga Teachers Association begins daily & evening classes in Hatha Yoga in Bldg. 312. Call 752-9941 for further info.

Barbara Hazilla and Bruce Nelson lead *Running, Flexibility and Meditation*, a personalized group training in running gaits and tempos, stretching and guided imagery. 5:30-7 PM, Bldg. 312, $18/mo. (or $3 drop-in), 824-3079 or 552-2945. (Tues. & Thurs. thru 9/29)

Tak Yamamoto Dance Class. See 9/1.

Living History Centre, producer of the Renaissance Pleasure Faire, offers "Elizabethan for English Teachers", a free language workshop. 7–9 PM, Bldg. 312, 892-1688. (Also 9/8)

The Solar Center presents "Solar Energy & How You Can Use It", a 4-session class covering the design, availability and installation of practical solar heating systems, led by Philip Caesar, M. Arch. 7-10 PM, Bldg. 312, $25/4 sessions, 957-9660. (Tues. thru 9/27)

The YMCA offers a class in Ballroom Dancing with Ernie Haeusslein, 7-10 PM, Bldg. 310, $12/person or $20/couple for 8-week session, 885-0460. (Tues. thru 10/25)

The California Arts Council has awarded a grant to the Fort Mason Foundation for support of a "Children's Celebration" on October 21, 22 & 23, 1977. This free event will involve hundreds of children from the entire Bay region in many different aspects of production and performance in a wide range of arts.

September 7 - Wednesday

Takeshi Yamamoto teaches a free morning session of modern dance and movement technique classes. Co-sponsored by Neighborhood Arts/CETA. 10-11:30 AM, Bldg. 310, 441-5705. (Mon., Wed. & Fri. thru 10/28)

Tennis Instruction by Gene Furbee from an "inner game" point of view. 5:30-7:30 PM, $15/5 lessons, 383-2584. (Wed. thru 10/5)

YMCA Fitness Class. See 9/1.

Elinor Coleman teaches a jazz dance class combining composition and technique for students of all levels of experience. 6:30-8:30 PM, Bldg. 312, $3, 531-8878. (Mon. & Wed. thru 9/28)

Ann Campbell offers Creative Play for Adults, a 4-session class providing art and play experiences to let the kid in you have fun! 7-9 PM, Bldg. 312, $3/session ($2.50 materials fee for whole class), 468-5584. (Wed. thru 9/28)

The Bay Street Theatre presents the S.F. premiere of *Domino Courts*, the Obie Award-winning play by William Hauptman concerning the Oklahoma reunion of two stick-up men buddies during the Depression. Also on the bill are *Not I* by Samuel Beckett and *The Stronger* by August Strindberg, two monologues by women characters. Previews tonight and 9/8 at 7:30 PM, Bldg. 310, $2.50. Thereafter $3.50/$2.50 senior & student rush. For further information call 421-7333.

September 8 - Thursday

Running. . . Meditation. See 9/6.

YMCA Exercise Class. See 9/1.

Julie Casson conducts *Awareness Through Movement*, an 8-week series of classes teaching Moshe Feldenkrais' techniques to reduce body tension and integrate movement. 6:30-7:30 PM, Bldg. 310, $3/$2 students & seniors, 285-2867. (Thurs. thru 10/27)

Tak Yamamoto Dance Class. See 9/1.

Dennis Mazer, director of Mountain Trips West, teaches a 3-session Basic Backpacking class covering safety, gear, map reading, camp cookery. 7-10 PM, Bldg. 312, $20/3 sessions, 924-8464. (Thurs. thru 9/22)

"Elizabethan for English Teachers". See 9/6.

Domino Courts preview at 7:30. See 9/7.

September 9 - Friday

Tak Yamamoto Dance Class. See 9/7.

Domino Courts opens tonight at 8:30 PM. Runs Fri. & Sat. at 8:30 PM and Sun. at 7:30 PM thru 10/10. See 9/7.

September 10 - Saturday

Last day for Steve Manning's exhibit "Point Reyes and Other Parks" in the Marina View Gallery. See 9/1.

Co-Ed Home Repair Classes. See 9/3.

Domino Courts at 8:30. See 9/7.

September 11 - Sunday

***Textures and Transfigurations* Primitive Weaving and Nature Photography by Tina Carr. Marina View Gallery, Bldg. 310. 12-6 PM daily with reception today at 3 PM. (Thru 10/5)**

Benefit & Enrollment Party for Family Light Music School features music by 8-piece jazz band Success, singer Victoria Kirby and oboe-bassoon duo Zephyros. 3-8 PM, Bldg. 312, $4/$3 students, 332-6501.

Domino Courts at 7:30. See 9/7.

September 12 - Monday

Tak Yamamoto Dance Class. See 9/7.

The Acos Foundation, a nonprofit health education group, offers the first in a series of programs on nutrition. Today's topic is "Nutrition for Problem Drinking and Drug Use" with Jimmy Scott. All-day nutrition book display & sale also. Lecture given 10 AM-12 PM, repeated 7-9 PM, Bldg. 312, $3, 664-1464. (Other programs 9/14, 9/21 & 9/28)

Single Women Over Forty holds its open, bi-monthly discussion group, focusing on feminist issues. 5-7:30 PM, Bldg. 310, free, 346-6478.

YMCA exercise class tonight includes a special fitness testing session. See 9/1.

Mary Fischer conducts a 6-week session *Aerobic Conditioning*, a fitness class combining dance & yoga to improve health and endurance, 6-7 PM, $2, 922-4205. (Mon. & Wed. thru 10/19)

Elinor Coleman Dance Class. See 9/7.

September 13 - Tuesday

YMCA offers "Y's Way to a Healthy Back", an exercise program designed and tested to correct and prevent back pain related to muscle weakness and tension. 5:30-6:30 PM, Bldg. 312, $35/13 sessions, 885-0460. (Tues. & Thurs. thru 10/25)

Running . . . Meditation. See 9/6.

The S.F. Child Abuse Council presents "Understanding Abuse, Neglect and Sexual Misuse of Children", an overview stressing information, intervention and treatment, by Elaine Gil Dinaburg. 7-9 PM, Bldg. 310, free, 647-4576. (Repeated 9/20 in Spanish)

Solar Energy Workshop. See 9/6.

Ballroom Dance Class. See 9/6.

September 14 - Wednesday

Tak Yamamoto Dance Class. See 9/7.

YMCA Exercise Class. See 9/1.

Acos Foundation nutrition lecture tonight is "Nutrition: The Homeopathic and Polarity Approaches" with Dana Ullman and James Feil, 7-9 PM, Bldg. 312, $3, 664-1464.

Aerobic Conditioning. See 9/12.

Elinor Coleman Dance Class. See 9/7.

Creative Play for Adults. See 9/7.

David Isaacs leads "Touch for Health", a 4-session class combining acupuncture, touch and massage to improve balance, energy and reduce tension. Free introduction tonight, 7-9 PM, Bldg. 312, 285-1916 or 841-6500. (Class begins 9/21.)

September 15 - Thursday

Healthy Back Class. See 9/13.

YMCA Exercise Class. See 9/1.

Running . . . Meditation. See 9/6.

Feldenkrais Class. See 9/8.

The Ensemble of Stanislavski Theatre Artists presents an intensive fall session of classes including acting, speech, movement and make-up. Come to Bldg. 312 at 6:30 PM to register or write for schedule to Phil Bennett, 156 Wool St., S.F. 94110.

Backpacking Class. See 9/8.

September 16 - Friday

Tak Yamamoto Dance Class. See 9/7.

Domino Courts at 8:30. See 9/7.

Renny Pritikin presents the third in a series of month poetry readings. 8 PM, Bldg. 312, $1. For tonight's poets call 387-4481.

September 17 - Saturday

Co-Ed Home Repair Classes. See 9/3.

Domino Courts at 8:30 See 9/7.

September 18 - Sunday

"Symphony in the Headlands" — Marin Symphony conducted by Carmen Dragon, 1 PM. Sponsored by GGNRA, 556-0560 for info.

Domino Courts at 7:30. See 9/7.

September 19 - Monday

Tak Yamamoto Dance Class. See 9/7.

Single Women Over 40. See 9/12.

Aerobic Conditioning. See 9/12.

YMCA Exercise Class. See 9/1.

Elinor Coleman Dance Class. See 9/7.

September 20 - Tuesday

Healthy Back Class. See 9/13.

Running . . . Meditation. See 9/6.

YMCA offers *Activetics*, a 12-week cardiovascular fitness/health program utilizing exercises, goal setting, clarification of values. 7-8:30 PM, Bldg. 312, $25/12 weeks, 885-0460. (Tues. thru 12/6)

S.F. Child Abuse Council offers its free educational program in Spanish. See 9/13.

Solar Energy Workshop. See 9/6.

Ballroom Dance Class. See 9/6.

September 21 - Wednesday

Tak Yamamoto Dance Class. See 9/7.

YMCA Exercise Class. See 9/1.

Elinor Coleman Dance Class. See 9/7.

Feldenkrais Class. See 9/8.

Aerobic Conditioning. See 9/12.

Acos Foundation nutrition lecture tonight is "Basics of Vegetarianism" with Dixie Mahy. See 9/14 for details.

Touch for Health classes begin. 7-9:30, Bldg. 312, $25 (4 classes and text). See 9/14.

Creative Play for Adults. See 9/7.

September 22 - Thursday

Healthy Back Class. See 9/13.

YMCA Exercise Class. See 9/1.

Running . . . Meditation. See 9/6

Feldenkrais Class. See 9/8.

Backpacking Class. See 9/8.

September 23 - Friday

Tak Yamamoto Dance Class. See 9/7.

Domino Courts at 8:30. See 9/7.

September 24 - Saturday

Audubon Nature Training Society presents *Antsventures For Adults & Kids*, a 2-day program of entertaining nature activities for people of all ages. 9:30 AM-4 PM, Bldg. 312, 653-6666. (Also 9/25)

"Carnival Cut Ups" by Mime Radio Clown Group. 2 PM, Bldg. 310, $1/50¢ for kids. (Also 9/25)

Co-Ed Home Repair Classes. See 9/3.

Domino Courts at 8:30. See 9/7.

September 25 - Sunday

Antsventures. See 9/24.

"Carnival Cut Ups". See 9/24.

Domino Courts at 7:30. See 9/7.

September 26 - Monday

Tak Yamamoto Dance Class. See 9/7.

YMCA Exercise Class. See 9/1.

Aerobic Conditioning. See 9/12.

Elinor Coleman Dance Class. See 9/7.

September 27 - Tuesday

Healthy Back Class. See 9/13.

Running . . . Meditation. See 9/6.

Activetics. See 9/20.

Solar Energy Workshop. See 9/3.

Ballroom Dance Class. See 9/3.

September 28 - Wednesday

Tak Yamamoto Dance Class. See 9/7.

YMCA Exercise Class. See 9/1.

Aerobic Conditioning. See 9/12.

Acos Foundation's nutrition program tonight is "Good Food: Growing, Buying and Storing" with Ron Steingold. See 9/14 for details.

Elinor Coleman Dance Class. See 9/7.

Creative Play for Adults. See 9/7.

Psychologist Freda Morris presents a lecture-demonstration on "Hypnosis and Personal Power". 7:30-10 PM, Bldg. 310, $3, 527-7121.

September 29 - Thursday

Healthy Back Class. See 9/13.

YMCA Exercise Class. See 9/1.

Running . . . Meditation. See 9/6.

Feldenkrais Class. See 9/8.

September 30 - Friday

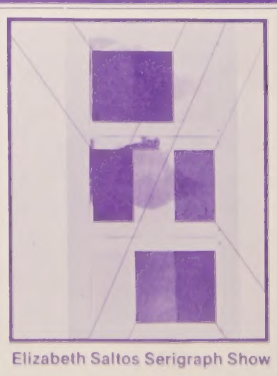
Tak Yamamoto Dance Class. See 9/7.

Domino Courts at 8:30. See 9/7.

***ECHOES . . .* Actors' Ark Theatre**

Photography by Steve Manning

Dancer-Instructor Elinor Coleman



Elizabeth Saltos Serigraph Show

Charles Fuhrman + Edith Allgood Graphic Design

SEPTEMBER

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Golden Gate National Recreation Area is the result of a combined effort by citizens and government working together to preserve priceless remaining open space in and near San Francisco for the use and enjoyment of the entire public.

Gateway to this 35,000 acre park is Fort Mason on San Francisco's waterfront, once a major port of embarkation for American forces in the Pacific.

The 126-year-old fort occupies one of the most dramatically beautiful sites on the Bay. Along its heights and promenades stretches a panoramic view from the Golden Gate to the hills of Berkeley. Its piers provide walkways for additional vistas and have become a fisherman's and shipwatcher's delight.

In vacant structures at the fort, a nonprofit organization is assuming responsibility for renovation and use of over 235,000 square feet of building space. The Fort Mason Foundation has entered into an interim cooperative agreement with the National Park Service to create a regional center with programs in the *arts, humanities, recreation, education* and *ecology*.

Fort Mason Center provides much needed space for performances, exhibitions, workshops, classes and other uses. It will be a focal point for experiencing the cultural diversity of the San Francisco Bay Area. As part of a new National Park, Fort Mason is a place for the flourishof a broad, human concern with the quality of life in urban America.

Fort Mason: a landmark on San Francisco's waterfront

Since the beginning of activities in January 1977, thousands of people and hundreds of groups have participated at the Center. The variety of programming and potential for interaction can be seen in a partial listing of organizations which have presented events at Fort Mason during this time:

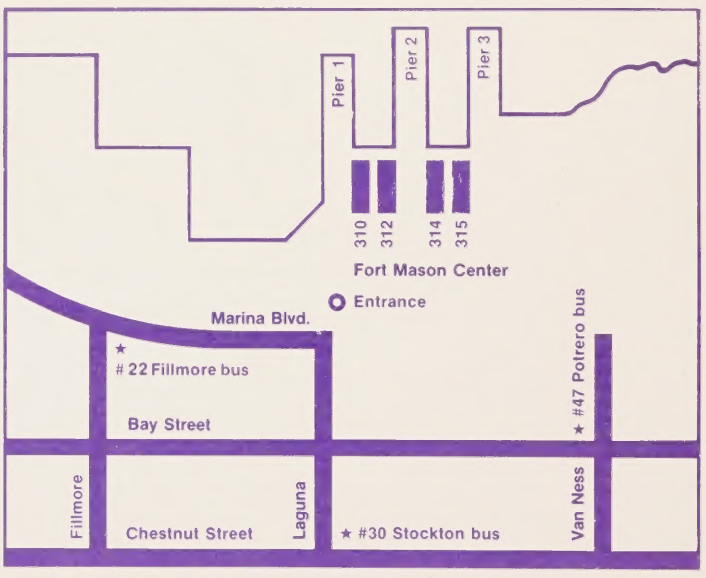
American Crafts Council, Association for Humanistic Psychology, Dance Spectrum, Fort Mason Community Garden, General Whale, Living History Centre, Magic Theatre, New Games Foundation, Oceanic Society, San Francisco Art Institute, Sierra Club, West Java Arts, YMCA . . . and many more.

The Marina View Gallery at Fort Mason provides artists in all media, particularly previously undiscovered artists, an opportunity to exhibit work, both in group and individual shows, at a prime waterfront location.

Also located at Fort Mason is SCRAP (Scrounger's Center for Reusable Art Parts) — the San Francisco Neighborhood Arts CETA Program that recycles discarded materials to nonprofit organizations and teachers for use in their programs.

Fort Mason Center is an information conduit for the Cultural News Service of the California Arts Council. The newsletter *State of the Arts* and publications on funding, jobs, spaces and legislation for artists are available at the office of the Foundation.

The Fort Mason Foundation has been assisted in development of the Center by grants from Foremost-McKesson Foundation, Gerbode Foundation, Luke B. Hancock Foundation, William & Flora Hewlett Foundation, David & Lucile Packard Foundation, San Francisco Foundation and van Loben Sels Foundation.



The Park in the City/The City in the Park ★ **Bus stop-off**

Fort Mason Center is of unique value as a model for converting old military land to new community use. In what was once a staging area for war, it will promote the works of peace. And the Center establishes a prototype for future program development in urban National Parks.

Fort Mason will achieve its maximum potential only through the continuing combined work of individuals, civic groups, academic and cultural institutions, business and government. Volunteer assistance is welcomed in many different areas. Financial support from every sector will be necessary to realize the goals of the Center. The Fort Mason Foundation is a nonprofit organization, and all contributions are tax-deductible.

Friends of Fort Mason

The program at Fort Mason Center is expanding. Our calendar is larger this month in order to accommodate the increased number of events. In September we also complete the renovation of a large warehouse which will provide additional space for community and cultural activities. The support of local foundations and cooperation of the Golden Gate National Recreation Area have made it possible for the program at Fort Mason Center to get off to a very successful start.

In September the Fort Mason Foundation is launching a "Friends of Fort Mason" membership campaign. We invite all who support the innovative program we have begun in this new National Park to join the "Friends". Your annual membership will make possible further development of activities at Fort Mason in the *arts, humanities, recreation, education* and *ecology* — and you will be taking part in an exciting project that demonstrates the continuing vitality of the culture and lifestyle of the San Francisco Bay area.

Members of the "Friends of Fort Mason" will receive an annual subscription to our monthly calendar of events, four issues of a quarterly Fort Mason newsletter, invitation to art show openings and discounts at special events sponsored by the Fort Mason Foundation. Sponsors, patrons and benefactors also will be invited to previews of all major exhibits and to special seasonal galas.

Enroll me as a charter member of the FRIENDS OF FORT MASON.

☐ Individual	$ 15.
☐ Student/Senior Citizen	7.50
☐ Sponsor	100.
☐ Patron	500.
☐ Benefactor	1,000.
☐ Corporate	500.

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Checks payable to Fort Mason Foundation.
All memberships and contributions are tax-deductible.

Please clip and mail with check to:
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